

Vinyasa Flow For All Bodies

200 Hr Yoga Alliance Certification

YTT Application at Studio 1010 with Nicole Anthony, ERYT & May Huang, RYT

Application Process

Complete Application and submit your \$150 non-refundable deposit. Please note that your Registration is not finished, nor is your place in the class secured, until \$150 non-refundable deposit is received. If you have questions in reference to curriculum, times or payment plans, contact nicoleanthony235@gmail.com or may99huang@gmail.com.

All applications must be in no later than January 1, 2018.

Applications may be submitted:

- 1) Online Application with \$150 non-refundable deposit (or full Tuition) via PayPal
- 2) Mail with \$150 non-refundable deposit Check (or full Tuition)

Studio 1010 | 1010 6th St. | Anacortes, WA 98221; Make check payable to Nicole Anthony

Participation and Certification

Full class participation, curriculum requirements and assigned self-study are required to receive your 200 HR Certification through Yoga Alliance.

If life finds that you will need to be absent, required make –up hours can be received either by additional self-study assignments or one-on-one time at \$60/hour. Please make every possible effort for attendance as disruptive for yourself and your classmates.

There will be short reading assignments, topic homework and a series of observances and assists during the 4 month training.

Schedule For 2018 YTT at Studio 1010

8 Weekends | Saturday 8am-6pm & Sundays 8am-5:30pm | 1 hour Lunch Break daily

- (1) January 6-7
- (2) January 20-21
- (3) February 3-4
- (4) February 17-18
- (5) March 3-4
- (6) March 17-18
- (7) March 31-April 1
- (8) April 21-22

Cost

\$2500 – EARLY BIRD paid in full by Decmeber 15 | \$3000 after December 15, 2017

Payment by Cash or Check to: Studio 1010 | 1010 6th St. | Anacortes, WA 98221

OR PayPal via nicoleanthony235@gmail.com

** One Teacher Training Manual per student will be provided and included in tuition.*

Payment Plans

We realize that as much as you want to complete a teacher training program, it can be difficult to make one large payment. We would like to alleviate some of the burden of paying all at once. Please email Nicole Anthony (nicoleanthony235@gmail.com) to request your customized payment agreement.

Cancellation Policy

Your deposit is non-refundable. If cancel within 7 days before beginning of program all monies are refundable minus the \$150 non-refundable deposit. If cancel within 3 business days of beginning of training then 75% of monies are returned. Once training begins there are no refunds.

Required Reading

There is a list of books that accompanies this application that is required for this training. Please make every effort to have these books first day of training and go ahead and start reading!!

Meditations from the Mat: Rolf Gates

Anatomy of the Spirit: Carolyn Myss

Living Your Yoga: Judith Lassiter

*** Books are not included in Tuition. Books are an additional purchase.**

APPLICATION

Name: _____

Address: _____

Phone: _____ Email: _____

I accept the tuition, curriculum, certification and cancellation policies for this program, and give Nicole Anthony, May Huang, and Studio 1010 permission to use my photograph, image or any videos taken during training for training purposes and/or promotional use, without compensation.

Signature: _____ Date: _____

1. Describe your yoga practice/experience... How long? How often? Style?

2. Why do you practice yoga?

3. What is your intention for this Teacher Training?

4. What is your current occupation?

5. Do you have any injuries or physical limitations that could affect this training or your practice??
Please list current medications.

6. How would you describe yourself to someone that did not know you??

7. Do you have any fears or doubts in regards to the Teacher Training? If so, please share.
